



STROKE FIT FOUNDATION

Helping Survivors Find Their Way

501(c)(3) NONPROFIT
EIN 39-3693358
Cleveland, Ohio
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www.strokefit.org

Reclaim Your Future. Stroke is seen as a condition of older adults — but a growing number of young people are having Strokes, derailing careers, halting education, and leaving survivors isolated. The Stroke Fit Foundation empowers stroke survivors of every age, especially the forgotten survivors ages 18–50, to become physically fit, mentally strong, and emotionally resilient.

E.A.R

Equity

Our goal is to provide everyone with an equitable opportunity to have all the options and be able to choose for themselves. Empowering Survivors

Access

(Giving you the keys) We match you with the specific technologies that fit your deficits and recovery goals, with training and heart-to-heart support.

Reintegration

Getting back to life, whatever that looks like. School, Work, holding your children, grandchildren. This is our whole motivation

WHO WE ARE

My name is Neale Mahon, Founder and CEO, who survived a devastating stroke in 2018 and lived the gap between traditional therapy and real, long-term recovery. The Foundation bridges that gap through Navigation — guiding survivors to the cutting-edge rehabilitation technologies, training, and personalized support that work — complementing clinical therapy, never replacing it.

WHAT WE DO WITH YOUR MONEY

The 80/20 model: advanced rehab technology should be available to everyone, but cost is a substantial barrier. Your donations enable us to subsidize **80% of the cost of life-changing technology**, while the survivor covers the remaining 20% — allowing us to serve 25% more survivors. Our Navigation services are always free of charge. There is also an application for 100% coverage for clients who are unable to pay the 20%

Adaptive Fitness Technology

We connect survivors with the right innovative products to rebuild strength, mobility, and cardiovascular health — so they can pursue their rehabilitation goals as safely and efficiently as possible.

Education & Career

Tools and strategies to successfully return to school or work/life. Helping survivors navigate the professional world after a stroke and reclaim their careers. Virtually, we can meet you where you are!

Peer Support Networks

A vibrant community where survivors connect, share experiences, and find inspiration from people who truly understand the journey.

Our Promise to Donors

This is a community built on the kindness of others. Every gift goes directly toward putting recovery technology in survivors' hands, free Navigation services, and the training and emotional support that make them work. The Stroke Fit Foundation is an independent 501(c)(3) charitable organization (EIN 39-3693358); contributions are tax-deductible to the extent allowed by law.

Let's Navigate together.

GIVE / PARTNER / LEARN MORE
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